

Walk MS Jersey City - FootNotes

The Official Walk MS Newsletter

DATE: Saturday, April 18, 2015

TIME: Site opens at 9:00 AM. Walk starts at 10:00 AM.

LOCATION: Liberty State Park

1 Audrey Zapp Drive, Jersey City, NJ 07305

DIRECTIONS: NJ Turnpike North or South to exit 14B. Make a left past the toll booths. Take road approximately 1.5 miles. Make a left on Freedom Way. Take this to the end and make a right. Parking lot will be on your right.

PARKING: Onsite parking lot available. Can you carpool? The chapter pays for parking, carpooling would be appreciated!

What to Expect

The start/finish will feature refreshments and water. There will be a Cheer Zone half way with water as well.

LIBERTY STATE PARK IS DOG FRIENDLY.

Reminder! If you have already registered and have no money to hand in on event day, feel free to go straight to the start line!

The National MS Society is asking that all cash donations be converted to check or online credit card. This includes day of donations.

Check-in will feature:

1. Pre-Registered Walker with Donations
(Enclosed is a participant envelope. Donations being dropped off on event day should be put in this envelope and dropped off here.)

2. T-Shirt Pick-Up!
(If you have raised \$125 by Thurs. 4/16)

3. Walk-on Registrations

Most Inspirational Walker Shannon O'Donnell



I walk for my mom, Cathie O'Donnell. She was diagnosed with MS in 1997 and, shortly thereafter, her life began to change drastically. I started our team, OD's Roadies, and we have been going strong ever since. Walk MS is important to me not only because it raises awareness, but also because it unites family and friends in the fight against this devastating disease. It is a recognition for her, I hope, that she is not alone in this fight and that many, many people love her. Seeing her smile renews my hope that she will participate in many, many more MS walks in years to come.

Make checks payable to the National MS Society and mail to:
National MS Society New Jersey Metro
1480 US Highway 9 North, Ste. 301 Woodbridge, NJ 07095
Be sure to include your walk site and who your donation should be credited to!

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