

Walk MS Hamilton - FootNotes

The Official Walk MS Newsletter

A special thank you to the Avena family, for supporting Walk MS for 25 years!

<u>PLEASE NOTE!</u> We will NOT be starting at Steinert High School this year! Walk MS will start and end at Veterans Park. Also, all participants need to enter into the South Entrance (off Kuser Road) not the North Entrance by Steinert School.

Please see next page for more details.

DATE: Sunday, April 19, 2015

TIME: Site opens at 9:00 AM. Walk starts at 10:00 AM.

LOCATION: Veterans Park, 2264 Kuser Road, Hamilton NJ 08690

<u>DIRECTIONS:</u> Take Route 33 to Yardville-Hamilton Square Rd. Follow past Steinert School/Klockner Road down to Kuser Road and turn right onto Kuser Road. Continue about a mile and the entrance will be on your right. From Route 195 take Exit 3B Yardville-Hamilton Square Rd. Turn left at first light onto Kuser Road. Entrance will be on your right.

<u>PARKING:</u> When you enter in the South Entrance from Kuser Road, there will be volunteers directing parking. There are numerous parking lots you can park in. Check-in will be in the park pavilion.

What to Expect

This route has been shortened to approximately 3 miles and is fully accessible.

VETERANS PARK IS DOG FRIENDLY.

The start/finish will feature refreshments and water.
There will be a Cheer Zone half way with water as well.

Reminder! If you have already registered and have no money to hand in on event day, feel free to go straight to the start line!

The National MS Society is asking that all cash donations be converted to check or online credit card.

This includes day of donations.

Check-in will feature:

1. Pre-Registered Walker with Donations

(Enclosed is a participant envelope. Donations being dropped off on event day should be put in this.)

2. T-Shirt Pick-Up!

(If you have raised \$125 by Thurs. 4/16)

3. Walk-on Registrations

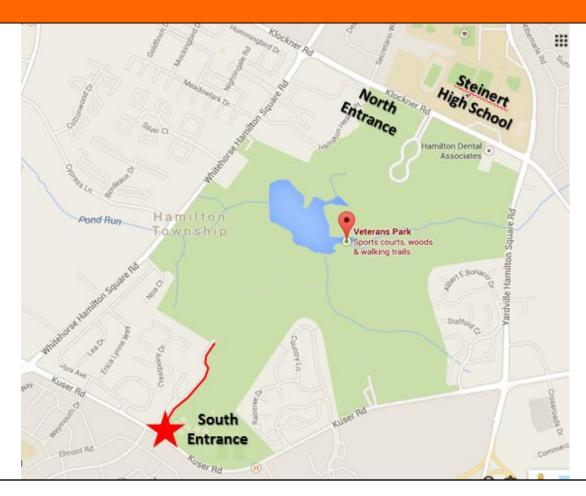
Walk MS Hamilton - Most Inspirational Walker Jillian Munn



I walk for and with my Aunt Tammy who is diagnosed with MS and for all others affected by Multiple Sclerosis. Being a part of Walk MS provides me with the resources and MS education essential to being a supportive, empathetic, and encouraging niece, friend, and advocate. Every year, Walk MS Hamilton is filled with positive energy and wonderful connections between friends and strangers (who become FAST friends!). This event demonstrates the vital lesson that especially through adversity, comes empowerment.

My leading purpose for being involved in the MS community is to serve and support individuals that have been diagnosed with MS. While I am humbly aware that I cannot truly know the daily hardships my Aunt Tammy or any individual with MS go through, I do know that I can provide support to that journey wherever needed.

PLEASE NOTE! Walk MS Hamilton will now start and end at Veterans Park. All participants need to park in Veterans Park and must enter the South Entrance on Kuser Road, NOT the North Entrance were we used to cross over from Steinert High School. When entering into the park at the South Entrance (Kuser Road), there will be volunteers directing you to park.



Make checks payable to the National MS Society and mail to: **National MS Society New Jersey Metro** 1480 US Highway 9 North, Ste. 301 Woodbridge, NJ 07095 Be sure to include your walk site and who your donation should be credited to!

THANK YOU TO OUR 2015 SPONSORS































